

**6<sup>th</sup> Annual Scientific Symposium of the  
Ophthalmological Society of Jamaica**

**Sunday, April 24<sup>th</sup> 2016**



**OPHTHALMOLOGICAL SOCIETY OF JAMAICA**

**The Jamaica Pegasus Hotel, Kingston  
8am-5pm**

**Guest Speaker: Dr Susan Mc Donald MD**

**Director of Comprehensive Ophthalmology Lahey Clinic  
Assistant Professor Tufts School of Medicine**

**SESSION TOPICS:**

**Ethics, Anterior Segment, Retina , Diagnostics &  
Surgery for the surgeons**

**6 CME Points**

Ophthalmologist \$8000

Optometrist \$4000

GPs \$4000

Residents \$3500

Nurses/Ophthalmic assistants & Auxillary Staff \$3500

## OSJ President's Message 2016

(This message is for the Preface of the OSJ Programme Book and also to replace the 2015 message on the OSJ website)

This has been a year of change, with our new Executive members settling in to start on the usual activities of the Ophthalmological Society of Jamaica (OSJ). Since its rejuvenation in 2011, the OSJ continues to strive to improve our commitment to quality eye care and the development of the Ophthalmology profession in Jamaica.

Our greatly anticipated 6<sup>th</sup> Annual Conference of the OSJ will be one to remember as it is where technology and latest updates convene. "State of the Art" and "cutting edge" are some terms that have been used to describe the newly acquired resources in our Hospital Eye Clinics this year. This conference will continue this new found transformation.

Our 2016 programme will as usual be an exciting and informative one as we learn more on corneal cross linking, VisAbility Implants, revisit Trabeculectomies, delve into the wonderful world of Retina with micro incisional vitrectomies (MIVS, suture less vitrectomies) and micro pulse laser. We are pleased that Dr Lileth Wu will be sharing with us the latest on Diabetic Macula oedema management.

Our ORBIS sponsored guest speaker this year will be Dr Susan McDonald, who is the director for the Resident's Phacoemulsification Course in the USA. She will share with us the management of complex cataracts and complications, a lecture not to be missed.

The OSJ aims to promote excellence not only in Eye care in Jamaica but also in professional development and ethical practice in Ophthalmology. In keeping with our mandate we have included a special segment this year in which we will discuss ethical principles associated with our practice and hear from 2 guest speakers; Dr Susan Mc Donald and Mrs. Arlene Harrison Henry, Jamaica's Public Defender.

The past year (2015-2016) has seen the OSJ continuing its mandate of providing professional education to our fellow physicians and patients. In recognition of World Sight Day in October 2015 we held our usual Medical Physicians Ophthalmic conference on "Drugs and the Eye" at the Courtleigh. This heavily oversubscribed meeting was beyond our expectation as there was no standing room available in the auditorium during that meeting. It is indeed a great pleasure to see the interest of other health personnel in Ophthalmology. Everyone concurred that it was an extremely stimulating, riveting and informative meeting.

Our Public symposium, which is always free to the public was held October 11<sup>th</sup> 2015 at the Main Medical Lecture theatre was also a great success. This was videotaped by Cable News and Sports (CNS News) and showed several times over the following months on that TV channel. We also had our usual articles written by our members in a Gleaner World Sight Day supplement. These articles are available on our website ([www.opthalsj.com](http://www.opthalsj.com)) and updated news can be found on our Facebook page.

We continue to fulfil our aims of collaboration with other Ophthalmology Societies as we have now signed an agreement with the American Academy of Ophthalmologists to include an OSJ news segment in their Academy Express eNewsletter.

The OSJ calls for action from the Ministry of Health for the improvement of access to and quality of eye care services that are an integral part of a national health system. As 80% of the visual impairment is avoidable, we must work towards the global plan, developed in 2013 by the World Health Assembly. The Global Action Plan (GAP) for the Prevention of Avoidable Blindness and Visual Impairment 2014-2019, aims for Universal Eye Health, to reduce avoidable blindness and visual impairment worldwide by 25% by 2019. So engaging with the Ministry of Health, we hope to improve public private partnership to deliver sustainable quality Eye Care in Jamaica.

Preventative and screening actions are essential in reaching our goal. We are pleased to see the development of Diabetic Retinopathy screening clinics at the University Hospital of the West Indies and the start of the National Diabetic Retinopathy Screening Clinics, initially in Mandeville to be rolled out island wide within the next 2 years, with funding from the Queen Elizabeth Diamond Jubilee Trust fund

This year we welcome 2 new Platinum sponsors, Bayer and Aristopharma, amongst the many sponsors (new and returning) who have always supported us through the years. I would like to thank the hardworking executive who worked tirelessly and to make our 2016 conference a reality.

Finally, we would like to wish that you leave this conference better informed, better equipped with relevant ophthalmic knowledge which will make a positive difference in your practices, as we continue saving sight, one eye at a time.

Sincerely,



Dr Lizette Mowatt MB;BS, MMedSci, FRCS (Ed), FRCOphth  
President/Scientific Chair (OSJ Symposium)

# **Ophthalmological Society of Jamaica (OSJ)**

## **Executives (2015-2017)**



**Dr. Lizette Mowatt**  
**President**  
**Scientific Chair**



**Dr. Leon Vaughan**  
**Vice President**



**Dr. Lisa Leo Rhynie**  
**Secretary**



**Dr. Angela Mattis**  
**Treasurer**



**Dr Gordon Robotham**  
**Immediate Past President**

# 6<sup>TH</sup> ANNUAL OPHTHALMOLOGICAL SOCIETY OF JAMAICA



<b><u>TIME</u></b>	<b><u>TALK</u></b>	<b><u>SPEAKER</u></b>
8:00 - 8:30am	<b>REGISTRATION</b>	
8:30 - 9:10am	<b>OPENING CEREMONY</b>	
<b>CHAIRPERSON: Dr Hugh Vaughan</b>		
8:30 – 8:35am	Welcome	
8:35 - 8:45am	President’s Address	Dr. Lizette Mowatt
8:45 - 8:55am	Greetings From the Ministry of Health	Dr. Lundie Richards
8:55 - 9:05am	Opening Address	Prof. Owen Morgan
9:05 - 9:10am	Vote of Thanks	Dr. Donald Swaby
<b>SCIENTIFIC SESSION 1 -SPECIAL GUEST LECTURE</b>		
<b>Chairperson: Dr. Lizette Mowatt</b>		
9:10 - 9:15 am	Introduction of the Guest Speaker	
9:15 - 9:45am	Managing Complications and Complex Cataracts	Dr. Susan McDonald
	Questions	
9:45 - 9:55am		

## SCIENTIFIC SESSION 2 – ANTERIOR SEGMENT

Chairperson: Gavin Henry

9:55 - 10:00am	Chairperson remarks	
10:00 - 10:10am	Trans Epithelial Corneal Collagen Crosslinking revisited	Dr. Lloyd Reynolds
10:10 - 10:20am	Bilateral and Monocular Near Vision at 24 month post-VisAbility Implant	Dr. Barrie Soloway
10:20 - 10:30am	Pterygium Surgery at KPH: How to Mitigate Recurrence	Dr. Valance Jordon
10:30 - 10:40am	Trabeculectomy Revisited	Dr. Donald Swaby
10:40 - 10:50am	<b>Questions – Panel Discussion</b>	
10:40 - 10:50am	<b>COFFEE BREAK</b>	

## SCIENTIFIC SESSION 3- DIAGNOSTIC TECHNOLOGIES

Chairperson: Dr. Celeste Chambers

11:20 - 11:25am	Chairperson's remarks	
11:25 - 11:35am	MAB's Monoclonal antibodies What are they, What do they do? How are they used?	Dr. Hugh Vaughan
11:35 - 11:45am	Diagnostics and Technologies in Clinical Practice	Dr. Lloyd Reynolds
11:45 - 11:55 am	<b>Questions – Panel Discussion</b>	

## SCIENTIFIC SESSION 4 – RETINA (Medical & Surgical)

**Chairperson: Dr. Nelson Imoru**

11:55 - 12:00pm	Chairperson	
12:00 - 12:10pm	Concurrent Sickle and Diabetic Retinopathy	Dr. Lizette Mowatt
12:10 - 12:20pm	Pneumatic Retinopexy – a simple inexpensive effective to repair retinal detachments	Dr. Hugh Vaughan
12:20 - 12:30pm	Micro Incisional Vitrectomy Surgery (MIVS) - Suture less Surgery	Dr. Lizette Mowatt
12:30 - 12:40pm	<b>Questions – Panel Discussion</b>	

## SCIENTIFIC SESSION 5 – Aristopharma (Platinum Sponsor)

**Chairperson: Dr. Michelle Leighton**

12:40	Chairperson	
12:40 - 12:55pm	Overview of our Ophthalmic Products	Ms.Tamesha McIntyre
12:55 - 1:00pm	<b>5 minutes sponsors talk</b>	TBA
<b>1:00 - 2:00pm</b>	<b>LUNCH</b>	

## SCIENTIFIC SESSION 6 - ETHICS

**Chairperson: Dr. Lisa Leo Rhynie**

2:00 - 2:05pm	Chairman’s remarks	
2:05 - 2:20pm	Human Errors in Ophthalmology	Dr. Susan McDonald

2:20 - 2:35pm	Ethics- a legal perspective	Mrs. Arlene Harrison Henry
2:35 - 2:50pm	<b>Questions – Panel Discussion</b>	
<b>SCIENTIFIC SESSION 7 – Bayer (Platinum Speaker)</b> <b>Chairperson: Dr Winsome Hastings</b>		
2:50 - 2:55pm	Chairman’s remarks	
2:55 - 3:10pm	Diabetic Macular Edema: Management Options 2016	Dr. Lileth Wu
3:10 - 3:20pm	Questions	
3:20 - 3:35 pm	<b>COFFEE BREAK</b> (Last Session with the Sponsors)	
<b>SCIENTIFIC SESSION 8 – SURGERY FOR THE SURGEONS</b> <b>Chairperson: Dr Donald Swaby</b>		
3:35 – 3:40pm	Chair comments	
3:40- 3:50pm	Lateral Canthal Tendon Sling. How I do it	Dr. Angela Mattis
3:50-4:00pm	Micro pulse Laser How I do it.	Dr. Lizette Mowatt
4:00- 4:10pm	<b>Questions – Panel Discussion</b>	
4:10pm	Vote of Thanks	Dr Don Rhodd
<b>4:15 - 5pm</b>	<b>OSJ ANNUAL GENERAL MEETING</b>	



**The ABSTRACTS (in order of presentation) –**

Please see attached file. These are put in the order of presentation

Please check the 2015 version to see how the abstracts are laid out

**The SPEAKERS BIOS- Please see attached file** This can be put in alphabetical order

The **SPONSORS COMPANY NAME AND LOGOS** can be placed throughout the booklet. The size of their page advert will be according to their level of sponsorship from bronze to platinum level. The bronze logo/ad will take up 1/8 of a page. The Platinum level will have a full side of a page. Please refer to the table below

OSJ 2016 Sponsors and their level

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5	Sagikor	Silver	¼ page colour
6	Poen	Bronze	1/8 page colour
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11	Perspectives International	Bronze	1/8 page colour
12	Orbis International	Sponsor of Guest Speaker	½ page

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**PENULTIMATE PAGE:**

**OSJ Newsletter**

**Summary of Events in the Ophthalmology World – Jamaica**

(please see the file that says OSJ News- which has information for the website and the programme- please edit the latter so that it and the photos fit in the programme booklet)

**LAST PAGE: Sponsors Listing**

**We would like to thank our sponsors:**

**PLATINUM**

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BAYER**

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**ORBIS** Special Sponsor (Sponsorship for OSJ Guest Lecturer)

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**I would appreciate it if your graphics artist could format it and give it a professional look.  
Much appreciated.**

